

## FINGERINGS FOR SCALES IN DOUBLE SIXTHS

(ADAPTED FROM FINGERING PRINCIPLES OF ERNO VON DOHNANYI AND WILLIAM PHEMISTER)

REVISION OF APRIL 2008

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### I. DIATONIC SCALES

#### BASIC PATTERN

SMALLER HANDS MAY SUBSTITUTE SECOND FINGER WITH THUMB

R 3-4-5 4-5 4-5  
H 1-1-2 1-2 1-2

L 2-1-1 2-1 2-1  
H 5-4-3 5-4 5-4

WORK TO MAKE 3-4-5 4-5 AS LEGATO AS POSSIBLE, WITHOUT STRAIN TO HANDS.  
BOTH HANDS PLAY SAME GROUPINGS, EXCEPT IN GROUP a.  
ALTERNATE FINGERINGS EXIST FOR ALL KEYS.

a. FINGERING FOR C, G, D, a, e, c, d  
(Note: 3 coincides in both hands)

RH 5 4-5 4-5 3- 4-5  
LH 4 5-4 5-4- 3 5-4

b. FINGERING FOR A<sup>b</sup>, E<sup>b</sup>, F, b, f<sup>#</sup>, c<sup>#</sup>, g<sup>#</sup>, e<sup>b</sup>, b<sup>b</sup>

RH 3-4-5 4-5 4-5 3-  
LH 5-4-3 5-4 5-4 3-

c. FINGERING FOR A, E, B (Peskanov fingering  
for all major and minor keys)

RH 5 4-5 4-5 3-4-5  
LH 3 5-4 5-4 5-4-3

d. FINGERING FOR B<sup>b</sup>, f

RH 4-5 3-4-5 4-5 4-  
LH 5-4 5-4-3 5-4 5-

e. FINGERING FOR F<sup>#</sup>, C<sup>#</sup>

RH 4-5 4-5 3-4-5 4-  
LH 5-4 5-4 5-4-3 5-

f. FINGERING FOR g

RH 5 4-5 4-5 3-4-5  
LH 3 5-4 5-4 5-4-3

### II. MINOR CHROMATIC SIXTHS

Practice these in contrary motion, two octaves outward and back inward. Both hands begin on E-C.

5-4 5-4 5 5-4 5-4 5-4 5 5  
1-1 2-1 2 1-2 1 1 2-1 2 1

### III. MAJOR CHROMATIC SIXTHS -- FOR LARGER HANDS ONLY

Practice these in contrary motion, with RH starting in F-D and LH starting on D-B, two octaves ascending and descending. (Fingering, which is mirrored in both hands represents the outside of the hand. Larger hands may use second finger with fifth finger; smaller hands should use thumb on each sixth.)

-5 3-4-5 4-5 4-5 3-4-5 4- 5 -4 5-4-3 5-4 5-4 5-4-3 5

OUTWARD - - - - - > INWARD - - - - ->