



# Intro-Res Camp

## Contacts

Please keep in mind the high volume of communications that happen during the summer months - we make every effort to return calls and emails as soon as possible!

### EMAILS, PHONE NUMBERS

Registration: 630.752.5240

[rebekah.greer@wheaton.edu](mailto:rebekah.greer@wheaton.edu)

Receptionist: 715.479.7474 ext. 201

[honeyrock.receptionist@wheaton.edu](mailto:honeyrock.receptionist@wheaton.edu)

### OFFICE HOURS

Open: Monday-Friday: 8am-5pm | Saturday: 8:30-12pm

Closed: Daily, 12-1pm/Sunday

### HEALTH CENTER

715.479.7474 ext. 202 / [sara.waltz@wheaton.edu](mailto:sara.waltz@wheaton.edu)

### CALLING AFTER-HOURS

An "after hours" emergency phone will be monitored when the office is closed. To access, simply call the main office number and listen for the recording which will prompt you to the emergency number. This is only for emergency use during the following times:

Saturday 12p – 10p

Sunday 7a – 10p

Weekday Evenings 4:30p – 10p

**Our Address:** 8660 Honey Rock Road Three Lakes, WI 54562

**Website:** [wheaton.edu/summercamp](http://wheaton.edu/summercamp)

### WITHIN THIS DOCUMENT:

- Registration to do list
- Packing for Camp
- Packing List
- Camp Information
- Beehive
- Letters and Packages
- Health Center
- Family Day
- Transportation

# Hello from HoneyRock!

We're excited to have your student join us for Intro Camp this summer! Advance Camp is a rite of passage program for the exciting, important transition from middle to high school. The purpose of Advance Camp is to build meaningful friendships and provide confidence-building challenges that will encourage students as they make following Christ the foundation of their lives.

Through this packet, we're going to walk you through important information. **Please read it carefully!**

## Preparing for Summer Camp

This is an incredible opportunity to build confidence, grow deeper in faith, and begin to learn how to navigate life away from mom and dad. Below, we've listed three ways to get the most out of this experience:

- Pray for and with your camper about their camp experience including their unit leaders, cabin leaders, and fellow campers.
- Talk about and set goals such as: make a new friend, achieve an activity award, participate in Solid Rock.
- Come to Family Day at the end of your camper's program. This allows you to see firsthand what your child experienced. You'll also get one-on-one time with your camper's cabin leader to talk about their experience.

### DAILY SCHEDULE

Below, you'll find the basic schedule of Intro Camp. We've found it helpful for parents and campers to talk through it before heading to camp.

**7:00 Wake Up**  
**8:00 Breakfast**  
**8:45 Morning Watch & Cabin Impact**  
**10:15 Camper Worship**  
**10:30 Activity Period I**  
**1:00 Lunch**  
**1:30 Rest Period**  
**2:40 Activity Period II**  
**4:45 Cabin Activity/OPA**  
**6:00 Dinner**  
**7:00 Evening Activities**  
**8:30 Prep for Bed**  
**9:00 Cabin Reflection**  
**9:30 Lights Out!**

### A LITTLE BIT MORE ABOUT...

**Meals:** We eat family style! You'll come into the Dining Hall as a cabin and sit around a table

**Morning Watch:** All campers take a few minutes of "alone" time to read Scripture, pray, and reflect.

**Cabin Impact:** Cabin leaders prepare fun, interactive lessons to bring God's Word to life, challenging and encouraging camper's walk with Christ.

**Wilderness Campout:** Every cabin goes on an overnight campout – we think it's a critical part of the experience! All counselors are certified in First Aid, CPR, Community Water Safety, and are trained in wilderness emergency procedures.

**Activities:** With 14 activity areas, it's tough to be bored! During Intro Camp, campers jump from activity to activity as a cabin and experience most, if not all, of the activity areas. Some activities are adapted to meet the needs of the younger cabins – waterskiing becomes a boat ride, horsemanship becomes fun games at the barn, etc...

**Optional Play Activity (OPA!):** This is structured "free time" – visit the Beehive, play a game, sign up for an activity as a cabin...the opportunities are endless!

## Packing for Camp

### Dress Code

HoneyRock aims for a modest standard of dress. At no time should campers wear clothing that shows their undergarments. Spaghetti-strap tank tops, short or especially tight shirts, or short-shorts (including athletic apparel) should not be packed.

### What Not to Bring

Gum, Food, MP3 Players, iPods, iPads, Electronic Games, Cell Phones, Drugs/Alcohol, Magazines, Fireworks, Firearms, Knives, Inappropriate books, Cigarettes

### Lost and Found

Lost items will be collected and returned to your camper at the end of the day. Please call our receptionist if your camper is missing something upon arriving at home: 715.479.7474 ext 201.

### Horsemanship Participants

Those who signed up for horsemanship must have long pants and boots/shoes suitable for riding.

### Packing Prescription Medications

All medications must be given to the camp nurse at Check In. They will be distributed during the session only by our Health Center Staff. We ask non-prescription medications (e.g. Advil) and herbal supplements are not sent with your camper.

**Remember to include/update all medication information in your camper's registration. This will streamline the check-in process.**

It is important that all medication

- Arrives in the original prescription package
- Labeled with camper name & dosage
- Includes special instructions, if applicable



## Packing List

First, a few tips. Keep in mind that nights/evenings can occasionally dip below 60°F and days can reach 90°F.

Cabins have screen windows, so the temperature outside is how it feels inside. Packing layers is key! We spend most of our time outside, so clothes that can get dirty are good!

### Clothing

- Underwear
- Socks
- Pants (jeans, sweats, quickdry)
- Shorts
- T-Shirts (long & short)
- Pajamas
- Sweatshirt/Fleece Jacket
- Jacket
- Rain Jacket
- Hat(s) (Beanie/Ball Cap)
- Swim Trunks (M)
- One-Piece / Full-Cover Tankini (F)

### Shoes

- Sneakers
- Sandal w/ Back Strap (Chacos, Tevas, Keens)
- Flip Flops (shower shoes)

### Personal Hygiene

- Toiletries

### Other

- Sleeping Bag\*
- Warm Blanket
- Pillow
- Beach Towel
- Shower Towel
- Insect Repellent (non-aerosol)
- Pens/Pencils

- Camera
- Bible
- Journal
- Flashlight
- Sunscreen
- Waterbottle

### Optional

- Laundry Bag\*
- Fitted Twin XL Sheet
- Sunglasses
- Extra Batteries for Flashlight

### For Wilderness Trip

- Bandana
- Hiking Shoes/Boots

### \*Laundry

A laundry bag helps kiddos keep dirty clothes separated from clean. Intro Campers do not have access to laundry – pack enough for 5 days, knowing that it's okay to rewear some clothes.

## Parent's Registration To-Do List

This year, we're working to streamline and improve your registration experience. Please excuse our dust as the system is "under construction" – if, at any time, you have questions don't hesitate to let us know!

### ASAP

- Review complete list of deadlines and add them to your personal calendars

### Completed by April 15:

If applicable:

- Need-Based Scholarship Application Due
- Matching Scholarship Application & Documentation Due

### By May 15:

#### For Everyone

- Pay Your Balance
- Finalize Part 2 of Registration, including:
  - Health Form\*
  - Terms and Conditions\*\*
  - Behavior Covenant\*\*\*
  - Additional Questions

### Required if Applicable

- NEW!** Inhaler and Epi Pen Waiver
- Immunization Waiver

\*Health Form: The Health form must be updated every year for each camper. If your child takes medication:

- Discuss with your doctor the most simple and effective medicinal regime while at camp.
- Enter and update each medication in your registration.
- Delete any discontinued medications.

\*\*Terms and Conditions, Behavior Covenant: Your signature indicates you and your camper have carefully read and are 1) aware of the risks involved in camp activities and 2) agree with HoneyRock's behavior expectations. If your child is in violation of our Behavior Covenant you may be asked to pick him or her up from HoneyRock at your expense as deemed necessary by the Program Manager.

\*\*\*Transportation: ALL must complete, even if attending Family Day. We require both a "coming to" and "returning from" camp selection.

### Three Weeks Before your Camper's Session

Please double check that these things are complete and up to date!

- Health Form:** Verify this information is correct: Name of medication; Dosage; whether or not an immunization form is needed.
- Family Day Registration:** if planning to attend, please let us know!
- Incoming/Outgoing Transportation Selected:** Everyone must select incoming and outgoing transportation, even if driving your camper to and/or from HoneyRock for Check In or Family Day
- Transportation Authorization Form Completed:** if someone other than the parent/guardian is picking up your camper this form is mandatory. Find at [wheaton.edu/HRtransport](http://wheaton.edu/HRtransport)
- Roommate Request:** If you made a roommate request, double check that your camper has been linked with their friend in the registration. We cannot honor roommate requests or change less than two weeks before the program begins.



## Information

### PHOTOS AND BUNK NOTES

We love capturing the camper experience through photos! With this service, we strive to show parents a glimpse into the whole camp experience. On arrival day, we will upload a photo of your camper's cabin by 9pm. While we try to capture a photo of every camper throughout their time with us, we're not always able to do so. Learn more & access photos: [wheaton.edu/HRphoto](http://wheaton.edu/HRphoto)

### BEEHIVE

The Beehive is our camp store where campers can purchase snacks, beverages, clothing, souvenirs, basic toiletries, postcards, stamps, and more! While we do offer sweet treats, there are healthy options available including trail mix, granola bars, and sparkling water. This is a great opportunity to grow responsibility in your camper - if you have expectations for how the money is or is not spent, have the conversation before camp and reflect on after the session has ended!

### Setting up the Account

All sales in store are on an account-only basis. These accounts should be set up prior to camp as you register online. You may add to this account at any time through your camper's itinerary. We recommend \$30 for each week your camper attends camp with a \$10 minimum.

### Unspent Funds

At the end of each session, campers have the opportunity to donate funds from their Beehive account to our camper scholarship fund. Remaining balances of \$10 or more will be refunded in September to parents who did not pre-select to have remaining funds donated to our Camper Scholarship Fund.

### LETTERS AND PACKAGES

Now, let's talk about sending letters and packages! We love when parents send postcards, letters, or packages with fun decorations or small games. If your camper is in a program that is 2 weeks or less, we ask you do not include food. Any food, even in sealed packages, invites animals into cabins and could also create risks for cabin mates with allergies.

#### Please send to:

**Camper Name / Session / Cabin Number**  
**8660 Honey Rock Road Three Lakes, WI 54562**

*Please do not send money - if you need to add funds to your camper's Beehive account, you can do so through your account online*

## Health Center

On behalf of the HoneyRock Health Center, hello! My name is Sara Waltz, and I am the Health Center Supervisor. I have been in nursing for twenty years and have three young children of my own. I first came to HoneyRock as a parent to drop off our oldest at Intro Camp. All I could think about was "is she even old enough to be here?!" Now, all of my kids can't wait to go.

We are really excited to offer all of our camp programming this summer! We have followed guidelines and recommendations from the Center for Disease Control (CDC), the American Camp Association (ACA), and our local health department. We also have the support of the Health Services staff team from Wheaton College.

**To learn specifically about how we are mitigating the risk of COVID-19 at HoneyRock, I invite you to read our Summer 2021 Q&A page at [wheaton.edu/summer-camp](http://wheaton.edu/summer-camp).**

Second to COVID-19, one of the biggest questions we receive isn't about physical illness, but homesickness. For a camper, navigating and overcoming homesickness has incredible growth opportunities, but needs extra love and support. We're prepared to walk alongside them just as we would with a camper with a scraped knee—with understanding and compassion.

Our Health Center is staffed by a volunteer doctor, a summer nurse, a volunteer nurse, a nurse's aide, and myself. We have clinic hours Monday through Friday in both the morning and afternoon. On Saturday and Sunday, we continue to see campers on an as-needed basis.

Rest assured that your campers are well cared for by our team, many of whom have (or had!) campers at HoneyRock.



# Family Day

This is an awesome opportunity to step into your camper's shoes and get a taste of his or her experience. You can expect to participate in many activities, meet with your camper's counselor(s), share a picnic lunch on the front lawn, and more! While there is no charge for participation, you must register your family to attend. Parents are invited to arrive as early as 8:30 am on their family day. You can expect to give your campers a big hug around 9am.

\* For 12-Day Res Camp, Advance Camp, 2:22, and Catalyst 1 Family Day is on the last Friday of the session. Day Camp, 6-Day Intro-Res Camp, and Catalyst 2 have their Family Day on the final Saturday.

## To Wear

Rain or Shine, you'll be outside all day! Wear casual, comfortable clothes that layer well. Our swim area will be open weather permitting - so bring a swimsuit and towel if you'd like to swim. Check out the forecast – mornings can be chilly!

## Please...

Leave your pets at home and cell phones in the car! We understand that work might require you to be accessible by phone, but take advantage of this opportunity to unplug and fully engage in the HoneyRock experience.

## Picking Up Luggage

Once you arrive to pick up your camper from their counselor, you will need to head to their cabin and grab their luggage at some point during the day.

## The Beehive

Our camp store will be open all morning for the purchase of snacks, drinks, and other memorabilia!

## Accommodations

Below, we have a few nearby accommodations – we suggest visiting [yelp.com](http://yelp.com) to get the most up-to-date reviews on accommodation quality.

### Hotels

- Best Western: 717.479.1600
- Days Inn: 715.479.5151
- Super 8: 715.477.0888

### Campgrounds:

- Hi Pines Campground: 715.479.9124
- Chain O Lakes Campground: 715.479.670

## Lodging

Hotels fill quickly during the summer, so we recommend making your reservations early. HoneyRock has very limited accommodations available and requires a 2-night minimum stay. Inquire by calling our receptionist (715.479.7474 x201) for information and housing availability.



# Transportation

As a part of the registration process, **you will need to choose transportation options both to and from camp for each child, even if you plan to attend Family Day.** This includes parents who are bringing their camper by car! Please be sure to talk with your camper about how they are getting home so that they are not surprised on departure day!

## BY FAMILY CAR

### Arrival 2-3pm

If you are driving your child directly to camp, please plan to arrive between 2:00 – 3:00 for check-in on the day the camp session begins. Upon arrival our staff will direct you to the check-in area.

**In early June, we will share our detailed drive-thru drop-off and pick-up plan for parents who are driving their campers to HoneyRock. Stay tuned!**

### Departure

If you are picking up your child from camp on Family Day of the session, parents are invited to arrive as early as 8:30 am on their family day. You can expect to give your campers a big hug around 9am.

A parent or legal guardian will need to sign your camper out with their counselor before departing. If someone other than the parent or legal guardian is picking up your camper, email or mail the Transportation Authorization Form to our office at least 1 week prior to the departure date.

## BY AIRPLANE

If your child is flying to camp, we ask that they fly into to Rhinelander Oneida County Airport (RHI – preferred) or Central Wisconsin Airport (CWA) in Mosinee, WI. HoneyRock is not responsible for the cost of extra luggage or any unaccompanied minor fees. There is a \$25 charge for HoneyRock shuttle service to or from RHI airport and a \$75 charge for HoneyRock shuttle service to or from CWA airport.

Once your reservation is made, please email the cell phone numbers of both you and your camper to the Registration Coordinator. In turn, we will email our shuttle driver's contact information to share with both the airline and your camper.

### Arrival

Please arrange arrival into CWA by 2:00 pm or RHI by 3:30 pm on the day the camp session begins.

### Departure

Arrange departure from CWA or RHI between 9:30am and 2:00pm on the day the camp session ends. If these times are impossible to arrange, please call or email Registration *before* making your reservation to discuss options.

### Sending Money

If you send travel money with your child, please seal it in an envelope with his/her name and amount and pack it in a location known to your camper. Our staff will secure this money while your child is at HoneyRock and will return it at the end of the session. We are unable to withdraw money from the Beehive for travel home.

## BY HONEYROCK BUS

This is our most commonly used transportation option! Busses are equipped with a bathroom and comfortable seating – we also provide age-appropriate movies and teach your campers some of our favorite camp songs. There is at least one HoneyRock staff member on each bus to monitor campers and ensure their wellbeing. We make a lunch stop at a rest area near Madison for campers to stretch their legs and eat a provided lunch.

Return transportation to Madison, Rockford, and Wheaton stops is available for a \$75 fee. Please note that depending on numbers we may send a smaller van, driven by trained and certified HoneyRock staff.

**In early June, we will share our detailed drop-off and pick-up plan for parents who are dropping their camper off at the bus. Stay tuned!**

### Special Notes

Nut-free Snacks and water are permitted on the bus. Please do not send your child on the bus with gum, soda, cell phone, iPod, or similar electronic device or game. These items are not permitted at HoneyRock; we are not responsible for loss or damage.

***If a camper is getting a ride home with anyone other than their parent or legal guardian, you must complete the [Transportation Authorization form](#) in your camper's registration account online.***

*Please see the grid on the next page for the bus schedule.*



## Transportation

### GRID TO HONEYROCK

City	Location	Address	Check In-Time	Programs
Wheaton, IL	Wheaton College: Billy Graham Hall Parking Lot	500 College Ave. Wheaton, IL 60187	6:30 am	all
Westfield, WI	WisDOT Rest Area 82 Westfield, WI	(See Location)	11:15 am	all

### GRID FROM HONEYROCK

*While travel to HoneyRock is complimentary, an additional \$75 is charged for return travel.*

City	Location	Address	Check In-Time*	Programs
Madison, WI	Culvers - Exit #126 off of Hwy 39	490 Co RD V De Forest, WI 53532	12:30 pm	all
Rockford, IL	AMC	8301 E State St, Rockford, IL 61108	2:00 pm	all
Wheaton, IL	Wheaton College: Billy Graham Hall Parking Lot	500 College Ave. Wheaton, IL 60187	3:00 - 4:00 pm <i>pending traffic and earlier stops</i>	all

*\*Subject to change with Family Day Updates, please be on the lookout for follow up emails.*

Check our Facebook page at [facebook.com/honeyrock](https://facebook.com/honeyrock) for real time travel updates.

