



# Day Camp

## Contacts

Please keep in mind the high volume of communications that happen during the summer months - we make every effort to return calls and emails as soon as possible!

### EMAILS, PHONE NUMBERS

Registration: 630.752.5240

[honeyrock.register@wheaton.edu](mailto:honeyrock.register@wheaton.edu)

Receptionist: 715.479.7474 ext 201

[honeyrock.receptionist@wheaton.edu](mailto:honeyrock.receptionist@wheaton.edu)

### OFFICE HOURS

Open: Monday-Friday: 8am-5pm | Saturday: 8:30-12pm

Closed: Daily, 12-1pm/Sunday

### HEALTH CENTER

715.479.7474 ext 202 / [sara.waltz@wheaton.edu](mailto:sara.waltz@wheaton.edu)

### CALLING AFTER-HOURS

An "after hours" emergency phone will be monitored when the office is closed. To access, simply call the main office number and listen for the recording which will prompt you to the emergency number. This is only for emergency use during the following times:

Saturday 12p – 10p

Sunday 7a – 10p

Weekday Evenings 4:30p – 10p

**Our Address: 8660 Honey Rock Road Three Lakes, WI 54562**

**Website:** [wheaton.edu/summercamp](http://wheaton.edu/summercamp)

### WITHIN THIS DOCUMENT:

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Packing List  
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# Hello from HoneyRock!

We can't wait to see your Day Camper at HoneyRock! We are super excited and have been preparing weeks in advance for kids to come enjoy a week of camp.

Through this packet, we're going to walk you through important information. **Please read it carefully!**

## Daily Schedule

Below, you'll find the basic schedule of Day Camp. We've found it helpful for parents and campers to talk through it before heading to camp.

**9:00 Parent Drop Off**

**9:30 Bus Arrives from Town**

**9:45 Games**

**10:15 Worship & Cabin Impact**

**10:45 Water Activities**

**12:00 Lunch**

**1:15 Outdoor Adventure Activities**

**2:30 Beehive/Supervised Free Time**

**3:00 Depart**

*Lunch:* We eat family style! Your camper will enter the Dining Hall and share their meal around a table (no lunch line here!).

*Games/Water Activities/Outdoor Activities:* Our camper staff plan some super fun games for the day campers which involve but are not limited to relay races, obstacle courses, and team building games.

*Beehive:* the camp store at HoneyRock – you can load your camper's Beehive with funds through your camp account.

## A NOTE FROM OUR HEALTH CENTER COORDINATOR

### Packing Prescription Medications

All medications must be given to the camp nurse at Check In. They will be distributed during the session only by our Health Center Staff. We ask non-prescription medications (e.g. Advil) and herbal supplements are not sent with your camper.

### Prescription Medications

- Campers are expected to have taken their morning/breakfast medications prior to arrival at HoneyRock. Please send only the medications your child will need at lunch time. Our staff will pass out these meds at the lunch meal.
- Prescription medication must be in the original labeled container, not expired, and with the camper's full and legible name. Place container in a clearly labeled plastic zipper bag. Include detailed written instructions. Send enough for the entire session. Do not send non-prescription medication including supplements. Ibuprofen and Tylenol are available in the Health Center.
- Do not forget to send rescue inhalers and/or epi-pens if needed. Day Camp counselors will carry those items for easy access. If a camper arrives without necessary rescue medications, the parent will be contacted to bring them to HoneyRock or transport the child home until they are made available.

**Remember to include/update all medication information in your camper's registration. This will streamline the check-in process.**

It is important that all medication

- Arrives in the original prescription package
- Labeled with camper name & dosage
- Includes special instructions, if applicable



## Packing for Camp

### Dress Code

HoneyRock aims for a modest standard of dress. At no time should campers wear clothing that shows their undergarments. Spaghetti-strap tank tops, short or especially tight shirts, or short-shorts (including athletic apparel) should not be worn.

### What Not to Bring

Gum, Food, MP3 Players, iPods, iPads, Electronic Games, Cell Phones, Drugs/Alcohol, Magazines, Fireworks, Firearms, Knives, Inappropriate books, Tobacco products

### Lost and Found

Please call the receptionist with a detailed description of lost items. If your item is found, we will ship for the cost of postage plus a \$5 handling fee. We strongly recommend writing your child's name on all clothes (yep...even socks!) and all other items he/she brings to camp.

## Packing List

Please label everything (yep, even shoes!). HoneyRock is not responsible for lost or stolen items.

### Required

- Beach Towel
- Change of Clothes
- Rain Jacket
- Swimsuit
- Shoes: closed toed, sandals/crocs
- Sunscreen
- Insect Repellant (non-aerosol)
- Water bottle
- Plastic bag for wet clothes

### Optional

- Hat/Bandana
- Bible
- Journal/pen/pencil

## Parent's Registration To-Do List

### Three Weeks Before your Camper's Session:

Go to your **Registration Details** page and follow the instructions provided to complete all required and desired steps of your registration.

Please double check that these things are complete and current:

- Health Form:** Verify ALL information and delete any discontinued medications or outdated medical info. This form must be updated every year.

If your child takes medication, we ask that you discuss with your doctor the most simple and effective medicinal regime while at camp. Once decided, enter and update each medication in your registration.

### *Required if Applicable*

- Inhaler and Epi Pen Waiver
- Immunization Waiver

- Additional Questions**
- Terms and Conditions** read, signed, and shared with your camper
- Transportation - incoming** (to HoneyRock) and outgoing (home from HR)
- Transportation Authorization Form:** if someone other than the parent/guardian is picking up your camper this form is mandatory.
- Store funds** - assure they are adequate with a minimum of \$10

## Information

### BEEHIVE

The Beehive is our camp store where campers can purchase snacks, beverages, clothing, souvenirs, basic toiletries, postcards, stamps, and more! While we do offer sweet treats, there are healthy options available including trail mix, granola bars, and sparkling water. This is a great opportunity to grow responsibility in your camper - if you have expectations for how the money is or is not spent, have the conversation before camp and reflect on after the session has ended!

### Setting up the Account

All sales in store are on an account-only basis. **Please do not send cash with your camper.** These accounts should be set up prior to camp as you register online. You may add to this account at any time through your camper's itinerary. We automatically add \$30 for each week your camper attends camp—if you wish to reduce the amount, please contact the Camper Registration Assistant. We do require a \$10 minimum.

### HONEYROCK HEALTH CENTER

On behalf of the HoneyRock Health Center, hello! My name is Sara Waltz, and I am the Health Center Supervisor. I have been in nursing for nineteen years and have three young children of my own. I first came to HoneyRock as a parent to drop off our oldest at Intro Camp. All I could think about was "is she even old enough to be here?!" Now, all of my kids can't wait to go.

One of the biggest questions we receive concerns homesickness--know that we treat it just as we would a scraped knee - with understanding, compassion, and support.

Our Health Center is staffed by a volunteer doctor, a summer nurse, a volunteer nurse, a nurse's aide, and myself. We have clinic hours Monday through Friday in both the morning and afternoon. On Saturday and Sunday, we continue to see campers on an as-needed basis.

Rest assured that your campers are well cared for by our team, many of whom have (or had!) campers at HoneyRock.

## Family Day

This year there will be no Family Day for Day Camp. We look forward to doing Family Days again for Day Camp in 2022!



## Transportation

As a part of the registration process, you will need to choose transportation options both to and from camp for each child. If someone other than the parent or guardian is picking up your child from HoneyRock, please complete the Transportation Authorization Form by 9 am of the day of travel. The form is found in your itinerary on the Registration Details page.

### BY FAMILY CAR

If you are driving your camper directly to HoneyRock, please arrive between 9:00 - 9:15 am every morning. Upon arrival our staff will direct you to the check-in area. Please pick your camper up at 3:00.

**Notify the HoneyRock receptionist by 9:00am each day if:**

- Your camper misses the bus (you are welcome to drive your camper to camp!).
- Your camper will not be attending that day.

### BY HONEYROCK BUS

Please make sure your child knows where he/she is getting off the bus on the return trip. Do not send your camper with gum, soda, a cell phone, iPod or similar electronic device, or electronic games. Thank you!

Location	Check-In at Location	Departure Time From Location
Three Lakes Elementary	8:00am	8:15am
Eagle River Elementary	8:45am	9:00am

### TRAVELING FROM HONEYROCK

*The busses will depart HoneyRock at 3:00pm.*

Location	Depart From HoneyRock	Departure Time From Location
Three Lakes Elementary	3:00pm	3:20pm
Eagle River Elementary	3:00pm	3:30pm

