



## Contacts

Please keep in mind the high volume of communications that happen during the summer months - we make every effort to return calls and emails as soon as possible!

### EMAILS, PHONE NUMBERS

Registration: 715.479.7474 ext 301 | [nancy.robins@wheaton.edu](mailto:nancy.robins@wheaton.edu)

Receptionist: 715.479.7474 ext 201 | [honeyrock.receptionist@wheaton.edu](mailto:honeyrock.receptionist@wheaton.edu)

### OFFICE HOURS

Open

Monday-Friday: 8am-5pm

Saturday: 8:30-12pm

Closed: Daily, 12-1pm/Sunday

### HEALTH CENTER

715.479.7474 ext 202 / [sara.waltz@wheaton.edu](mailto:sara.waltz@wheaton.edu)

### CALLING AFTER-HOURS

An "after hours" emergency phone will be monitored when the office is closed. To access, simply call the main office number and listen for the recording which will prompt you to the emergency number. This is only for emergency use during the following times:

Saturday 12p – 10p

Sunday 7a – 10p

Weekday Evenings 4:30p – 10p

Our Address: 8660 Honey Rock Road  
Three Lakes, WI 54562

Website: [wheaton.edu/summercamp](http://wheaton.edu/summercamp)



# Hello from HoneyRock!

We can't wait to see your Day Camper at HoneyRock!! We are super excited and have been preparing weeks in advance for kids to come enjoy a week of camp.

Through this packet, we're going to walk you through important information. **Please read it carefully!**

## DAILY SCHEDULE

Below, you'll find the basic schedule of Advance Camp. We've found it helpful for parents and campers to talk through it before heading to camp.

9:15 Parent Drop Off  
9:30 Bus Arrives from Town  
9:45 Games  
10:10 Worship & Cabin Impact  
10:45 Outdoor Activities  
12:00 Lunch  
1:15 Water Activities  
2:30 Beehive/Supervised Free Time  
3:00 Depart

*Lunch:* We eat family style! Your camper will enter the Dining Hall and share their meal around a table (no lunch line here!).

*Games/Water Activities/Outdoor Activities:* Our camper staff plan some super fun games for the day campers which involve but are not limited to relay races, obstacle courses, and team building games.

*Beehive:* the camp store at HoneyRock – you can load your camper's Beehive with funds through your camp account.

## A NOTE FROM OUR HEALTH CENTER COORDINATOR

### Packing Prescription Medications

All medications must be given to the camp nurse at Check In. They will be distributed during the session only by our Health Center Staff. We ask non-prescription medications (e.g. Advil) and herbal supplements are not sent with your camper.

### Prescription Medications

- Campers are expected to have taken their morning/breakfast medications prior to arrival at HoneyRock. Please send only the medications your child will need at lunch time. Our staff will pass out these meds at the lunch meal.
- Prescription medication must be in the original labeled container, not expired, and with the camper's full and legible name. Place container in a clearly labeled plastic zipper bag. Include detailed written instructions. Send enough for the entire session do not send non-prescription medication including supplements. Ibuprofen and Tylenol are available in the Health Center.
- Do not forget to send rescue inhalers and/or epi-pens if needed. Day Camp counselors will carry those items for easy access. If a camper arrives without necessary rescue medications, the parent will be contacted to bring them to HoneyRock or transport the child home until they are made available.

## Remember to include/update all medication information in your camper's registration.

### This will streamline the check-in process.

It is important that all medication

- Arrives in the original prescription package
- Labeled with camper name & dosage
- Includes special instructions, if applicable

## PACKING FOR CAMP

### Dress Code

HoneyRock aims for a modest standard of dress. At no time should campers wear clothing that shows their undergarments. Spaghetti-strap tank tops, short or especially tight shirts, or short-shorts (including athletic apparel) should not be packed.

### What Not to Bring

Gum, Food, MP3 Players, iPods, iPads, Electronic Games, Cell Phones, Drugs/Alcohol, Magazines, Fireworks, Firearms, Knives, Inappropriate books, Tobacco products.

### Lost and Found

Lost items will be collected and returned to your camper at the end of the day. Please call our receptionist if your camper is missing something upon arriving at home: 715.479.7474 ext 201.



## PACKING LIST

Please label everything (yep, even shoes!). HoneyRock is not responsible for lost or stolen items.

### Required

Beach Towel  
Change of Clothes  
Rain Jacket  
Swimsuit  
Shoes: closed toed, sandals/crocs  
Sunscreen  
Insect Repellent (non-aerosol)  
Water bottle  
Plastic bag for wet clothes

### Optional

Hat/Bandana  
Bible  
Journal/pen/pencil

## Parent's Registration To-Do List

This year, we're working to streamline and improve your registration experience. Please excuse our dust as the system is "under construction" – if, at any time, you have questions don't hesitate to let us know!

### ASAP

Review complete list of deadlines and add them to your personal calendars

### BY MAY 15:

#### For Everyone

- Pay Your Balance
- Finalize Part 2 of Registration, including
  - Health Form
  - Terms and Conditions
  - Behavior Covenant
  - Additional Questions

#### Required if Applicable

- NEW! Inhaler and Epi Pen Waiver
- Immunization Waiver

**Health Form:** The Health form must be updated every year for each camper. If your child takes medication:

- Discuss with your doctor the most simple and effective medicinal regime while at camp.
- Enter and update each medication in your registration.
- Delete any discontinued medications.

### Terms and Conditions, Behavior Covenant:

Your signature indicates you and your camper have carefully read and are 1) aware of the risks involved in camp activities and 2) agree with HoneyRock's behavior expectations. If your child is in violation of our Behavior Covenant you may be asked to pick him or her up from HoneyRock at your expense as deemed necessary by the Program Manager.

**Transportation:** ALL must complete, even if attending Family Day. We require both a "coming to" and "returning from" camp selection.

### THREE WEEKS BEFORE YOUR CAMPER'S SESSION

Please double check that these things are complete and up to date!

- Health Form:** Verify this information is correct: Name of medication; Dosage; whether or not an immunization form is needed.
- Family Day Registration:** if planning to attend, please let us know!
- Incoming/Outgoing Transportation Selected:** Everyone must select incoming and outgoing transportation, even if driving your camper to and/or from HoneyRock for Check In or Family Day
- Transportation Authorization Form Completed:** if someone other than the parent/guardian is picking up your camper this form is mandatory. Find at [wheaton.edu/HRtransport](http://wheaton.edu/HRtransport)



## Information

### BEEHIVE

The Beehive is our camp store where campers can purchase snacks, beverages, clothing, souvenirs, basic toiletries, post-cards, stamps, and more! While we do offer sweet treats, there are healthy options available including trail mix, granola bars, and sparkling water. This is a great opportunity to grow responsibility in your camper - if you have expectations for how the money is or is not spent, have the conversation before camp and reflect on after the session has ended!

### *Setting up the Account*

All sales in store are on an account-only basis. These accounts should be set up prior to camp as you register online. You may add to this account at any time through your camper's itinerary. We recommend \$30 for each week your camper attends camp with a \$10 minimum.

### HONEYROCK HEALTH CENTER

On behalf of the HoneyRock Health Center, hello! My name is Sara Waltz, and I am the Health Center Supervisor. I have been in nursing for nineteen years and have three young children of my own. I first came to HoneyRock as a parent to drop off our oldest at Intro Camp. All I could think about was "is she even old enough to be here?!" Now, all of my kids can't wait to go.

One of the biggest questions we receive concerns homesickness - know that we treat it just as we would a scraped knee - with understanding, compassion, and support.

Our Health Center is staffed by a volunteer doctor, a summer nurse, a volunteer nurse, a nurses aide, and myself. We have clinic hours Monday through Friday in both the morning and afternoon. On Saturday and Sunday, we continue to see campers on an as-needed basis.

Rest assured that your campers are well cared for by a our team, many of whom have (or had!) campers at HoneyRock.

## Family Day

This is an awesome opportunity to step into your camper's shoes and get a taste of his or her experience. You can expect to participate in activities, meet with your camper's counselor(s), share a picnic for dinner on the front lawn, and more! While there is no charge for participation, **you must register your family to attend.**

For Day Camp, parents are invited to arrive on the last Friday of their camper's session as early as 3:00 pm.

### TO WEAR

You'll be outside all day! Wear casual, comfortable clothes that layer well. Our swim area will be open weather permitting - so bring a swim suit and towel if you'd like to swim. Check out the forecast - evenings can get chilly!

### PLEASE...

Leave your pets at home and cell phones in the car! We understand that work might require you to be accessible by phone, but take advantage of this opportunity to unplug and fully engage in the HoneyRock experience.

### ACCOMMODATIONS

Below, we have a few nearby accommodations listed if you're coming from out of town and need a place to stay for the week. We suggest visiting [yelp.com](http://yelp.com) to get the most up-to-date reviews on accommodation quality.

#### Hotels

- Best Western: 717.479.1600
- Days Inn: 715.479.5151
- Super 8: 715.477.0888

#### Campgrounds:

- Hi Pines Campground: 715.479.9124
- Chain O Lakes Campground: 715.479.6708

### LODGING

Hotels fill quickly during the summer, so we recommend making your reservations early. HoneyRock has very limited accommodations available and requires a 2-night minimum stay. Inquire by calling our receptionist (715.479.7474 x201) for information and housing availability.

### THE BEEHIVE

Our camp store will be open all afternoon for the purchase of snacks, drinks, and other memorabilia!



## Transportation

As a part of the registration process, you will need to choose transportation options both to and from camp for each child. If someone other than the parent or guardian is picking up your child from HoneyRock, please give the completed Transportation Authorization Form to the bus monitor or staff member at check-in.

### BY FAMILY CAR

If you are driving your camper directly to HoneyRock, please arrive at 9:15am every morning. Upon arrival our staff will direct you to the check-in area. Please pick your camper up at 3:00.

### Notify the HoneyRock receptionist by 9:00am each day if:

- Your camper misses the bus (you are welcome to drive your camper to camp!).
- Your camper will not be attending that day.

### BY HONEYROCK BUS

Please make sure your child knows where he/she is getting off the bus on the return trip. Do not send your camper with gum, soda, a cell phone, iPod or similar electronic device, or electronic games. Thank you!

Location	Check-In at Location	Departure Time From Location
Three Lakes Elementary	8:00am	8:15am
Eagle River Elementary	8:45am	9:00am

### TRAVELING FROM HONEYROCK

*The busses will depart HoneyRock at 3:00pm.*

Location	Depart From HoneyRock	Departure Time From Location
Three Lakes Elementary	3:00pm	3:20pm
Eagle River Elementary	3:00pm	3:30pm

