

Life Attunement Experience Test Scoring Instructions

R:

```
laet <- (laet1+laet2+laet3+laet4+laet5+laet6+(6-laet7)+laet8)/8
```

Stata:

```
gen laet=(laet1+laet2+laet3+laet4+laet5+laet6+(6-laet7)+laet8)/8
```

SPSS:

```
COMPUTE laet=(laet1+laet2+laet3+laet4+laet5+laet6+(6-laet7)+laet8)/8
```

```
EXECUTE
```

Life attunement is the experience of a “fit” or “optimal match” between one’s life (*ethos*) and one’s internal representation of the objective world (*worldview*); a chronic measure drawing from the “regulatory fit” and “flow” literatures.