**METACOGNITION TOOL**

*metacognition (noun): A student’s awareness of their level of understanding of a topic/course content. Accurate metacognition is one of the biggest predictors of student success.*

Date: \_\_\_\_\_\_\_\_\_\_

1. How would you rate your overall understanding of the content in this course?

0 ----------------------- 25 ----------------------- 50 ----------------------- 75 ----------------------- 10

*Completely lost* *Deep understanding*

1. In a typical week, how much time do you spend studying/reading for this class? \_\_\_\_\_\_\_ hours
2. Do you think your approach when studying/reading is working? Yes / No

Why or why not? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Is there something new or something you will continue to do or continue to do while studying/reading to support deep understanding of the content? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. What do you think is your current grade in this course? \_\_\_\_\_\_\_\_\_\_
2. Do you think that your current grade is reflective of your understanding of the content? Yes/No

Why or why not? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Are there specific aspects of this course that you are having difficulty with? What has been the biggest obstacle to learning in this class? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Would you like professor follow-up on the information shared here? \_\_\_ yes \_\_\_ no, thank you.